

February 25th Webinar (Briere) materials

Objectives

Attendees will be able to:

1. Describe the need for trauma teletherapy interventions in the COVID era
2. List three potential problems associated with delivering teletherapy to traumatized youth
3. Give three examples of self-care activities
4. List two ways in which multitraumatized youth may be at elevated risk of COVID infection
5. Define safety planning as it relates to teletherapy for traumatized adolescents
6. Describe the importance of HIPAA compliance in teletherapy

References

- Briere, J. & Lanktree, C.B. (2012). *Treating complex trauma in adolescents and young adults*. Thousand Oaks, CA: Sage.
- Briere, J., & Lanktree, C.B. (2013). *Integrative treatment of complex trauma for adolescents (ITCT-A): A guide for the treatment of multiply-traumatized youth, 2nd edition*. Los Angeles, CA: USC Adolescent Trauma Training Center, National Child Traumatic Stress Network, Substance Abuse and Mental Health Services Administration.
- Briere, J., Lanktree, C.B., & Escott, A. (2020). *Trauma teletherapy for youth in the era of the COVID-19 pandemic: Adapting evidence-based treatment approaches*. Los Angeles, CA: USC Adolescent Trauma Training Center, National Child Traumatic Stress Network, Substance Abuse and Mental Health Services Administration.
- Briere, J., & Scott, C. (2015). Complex trauma in adolescents and adults: Effects and treatment. *Psychiatric Clinics of North America*, 38, 515-27.
- Lanktree, C.B., Briere, J., Godbout, N., Hodges, M., Chen, K., Trimm, L., Adams, B., Maida, C.A., & Freed, W. (2012). Treating multi-traumatized, socially- marginalized children: Results of a naturalistic treatment outcome study. *Journal of Aggression, Maltreatment & Trauma*, 21, 813–828.