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Learning Objectives:

1. Participants will be able to distinguish the of myths about spanking.
2. Participants will be able to describe the latest research regarding the harms of corporal punishment.
3. Participants will review resources for safe and effective parenting.

References:

1. Gershoff ET, Grogan-Kaylor A. Spanking and child outcomes: Old controversies and new meta-analyses. *J Fam Psychol* 2016; 30(4):453-69. doi:10.1037/fam0000191
2. Gershoff, E. T., Lee, S. J., & Durrant, J. E. (2017). Promising intervention strategies to reduce parents' use of physical punishment. *Child Abuse & Neglect*, 71, 9–23. <https://doi.org/10.1016/j.chiabu.2017.01.017>.
3. Holden GW, Wright KL, Sendek DS. History and progress of the movement to end corporal punishment in the United States. In: Saunders BJ, Naylor B, Leviner P, eds. *Comparative social and legal developments in dealing with corporal punishment of children*. Dordrecht: Brill 2018:293-320.
4. Sege, R. D., Siegel, B. S., AAP Council on Child Abuse and Neglect, & AAP Committee on Psychosocial Aspects of Child and Family Health. (2018). Effective discipline to raise healthy children. *Pediatrics*, 142(6), e20183112.
5. Vaughan-Eden, V., Holden, G. W., & LeBlanc, S. S. (2018). Commentary: Changing the social norm about corporal punishment. *Child and Adolescent Social Work Journal*, 32 (1). DOI 10.1007/s10560-018-0592-y