

Kirsten Olson has worked in the non-profit human services sector for more than 20 years, providing services and supports across a variety of target populations including the homeless, persons with behavioral health conditions, and youth in child welfare. In 2008, she joined the staff of Children & Families First (CFF), a \$20M social services organization that operates statewide through Delaware, first as a grant writer, then Chief Development Officer. In her current role as Chief Strategy Officer at CFF, she is responsible for program evaluation and outcomes management the agency's more than 20 program areas. In 2014, the agency began collecting Adverse Childhood Experiences (ACEs) data from persons served in several CFF programs. Kirsten has managed the analysis of this data, which with more than 2,000 surveys collected, shows that the people CFF serves have been disproportionately impacted by adversity. As such, the agency is working on building resiliency and developing two-generation approaches to trauma.

Recent publications include:

- o Adverse childhood experiences negatively impact health behaviors and chronic disease risk among adults residing in Delaware. Delaware Public Health Journal, December 2016. (Caprice Torrance, MHA; Kimberly Williams, MPH; Elizabeth Brown, MD; Kirsten Olson; Andrea Miller; Leslie Newman; Mia Papas, Ph.D.
- o A Case for Collecting Adverse Childhood Experiences Data. Youth Today. September 14, 2017. Kirsten Olson.

Recent conference presentations include:

- o Keynote Presentation, Part 1: School-Level Approaches to Becoming a Trauma-Informed Community, The Brain Story & Trauma-Informed School Communities: Palix Foundation Education Day (Alberta, Canada), 2019
- o Keynote Presentation, Part 2: Strategies to Address Toxic Stress in the Classroom, The Brain Story & Trauma-Informed School Communities: Palix Foundation Education Day (Alberta, Canada), 2019
- o Integrating ACEs, Toxic Stress and Trauma Science into Practice, Moving Past Shame and Blame to Recovery and Resilience Conference (Baltimore, MD), 2018
- o Change in Mind Initiative: Applying Neuroscience to Revitalize Communities, American Public Human Services Association, 2017 National Health and Human Services Summit
- o Framework to Create a Trauma-Informed School Community, National Youth At Risk Conference, 2017

Kirsten has a BA in Sociology from Trinity College in Hartford, CT, as well as an Executive Leadership Certification from the Alliance for Strong Families and Communities. She was a fellow in the Georgetown University Center for Juvenile Justice Reform.